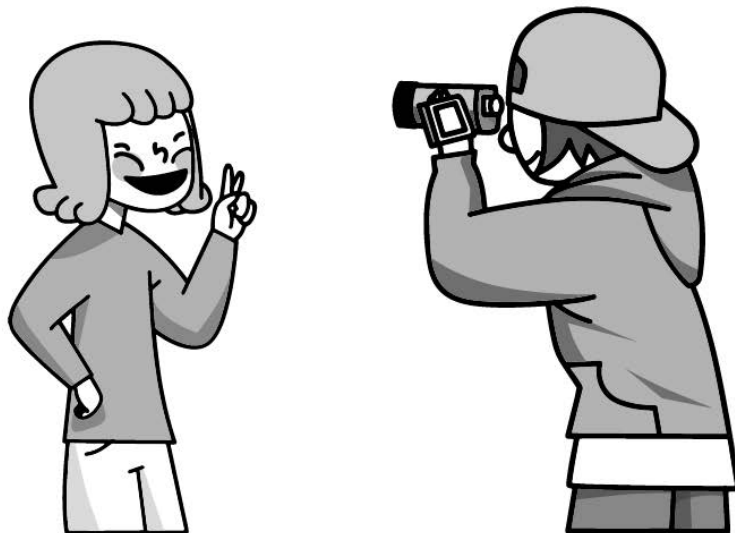


Video – level 1

MORNING ROUTINE

Hi, my name is Jen. I am from Scotland. I like morning routines but I am a bit lazy in the mornings. I get up at 8:00 in the morning. I have a shower. I get dressed and I prepare my breakfast. I always eat breakfast with my husband, Tim.

I usually eat toast and cereal for breakfast. I drink a glass of milk for breakfast every day. After breakfast, I brush my teeth and I go to work. I work in an office in Glasgow. I go to work by bus. I take the bus every day. I start working at 9:00.



**Activity 1. Circle TRUE or FALSE**

- | | | |
|--|-------------|--------------|
| 1.- My name is Jen. | TRUE | FALSE |
| 2.- I am from Wales. | TRUE | FALSE |
| 3.- I don't like morning routines. | TRUE | FALSE |
| 4.- I get up at 8:00 in the morning. | TRUE | FALSE |
| 5.- I don't have a shower. | TRUE | FALSE |
| 6.- I always eat breakfast with Tim. | TRUE | FALSE |
| 7.- I usually eat toast for breakfast. | TRUE | FALSE |
| 8.- I drink a glass of orange juice. | TRUE | FALSE |
| 9.- I don't brush my teeth. | TRUE | FALSE |
| 10.- I work in a supermarket in Glasgow. | TRUE | FALSE |



Activity 2. Complete



bus – office – teeth – Tim – Scotland

8:00 – routines – shower – toast - lazy

- 1.- I am from _____.
- 2.- I like morning _____.
- 3.- I am a bit _____ in the mornings.
- 4.- I get up at _____ in the mornings.
- 5.- I have a _____.
- 6.- I eat breakfast with my husband _____.
- 7.- I usually eat _____ for breakfast.
- 8.- After breakfast, I brush my _____.
- 9.- I work in an _____ in Glasgow.
- 10.- I go to work by _____.

**Activity 3. Circle the correct answer**

1.- My name is _____.

a.- Jen

b.- Pam

c.- Samantha

2.- I am from _____.

a.- Scotland

b.- Sweden

c.- Norway

3.- I like _____ routines.

a.- evening

b.- morning

c.- afternoon

4.- I am a bit _____ in the mornings.

a.- talkative

b.- lazy

c.- nervous

5.- I get up at _____ in the morning.

a.- 6:00

b.- 7:00

c.- 8:00

6.- I eat breakfast with my husband, _____.

a.- Tom

b.- Tim

c.- Paul

7.- I eat toast and _____ for breakfast.

a.- biscuits

b.- chocolate

c.- cereal

8.- I drink a glass of _____.

a.- milk

b.- water

c.- juice

9.- I go to work _____.

a.- on foot

b.- by car

c.- by bus

10.- I start working at _____.

a.- 8:00

b.- 9:00

c.- 10:00