

Video – level 3

MORNING ROUTINE

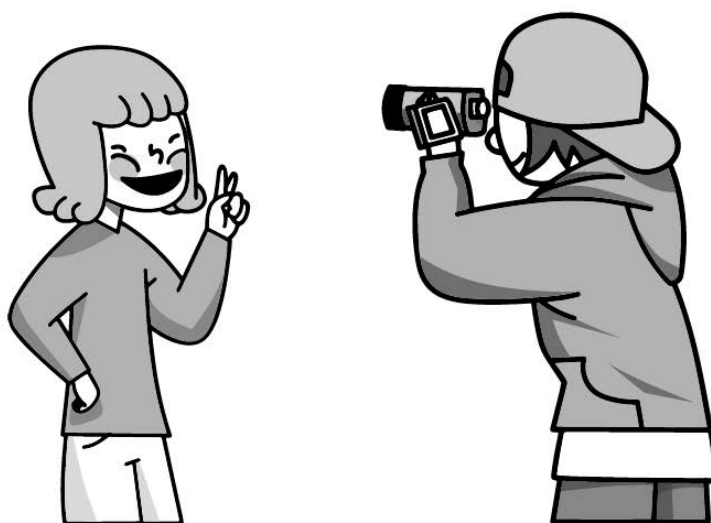
Hello, my name is Sami. I am English.

I like my morning routines. I usually get up at 8:00 in the morning. It's hard because I am lazy in the mornings. I usually have a shower and I get dressed. I usually spend a lot of time deciding what to wear.

Then, I go to the kitchen and I prepare my breakfast. I usually eat a sandwich and I drink a glass of milk for breakfast. I have breakfast with my dog Toby.

After breakfast, I brush my teeth, I wash my face and my hands and I comb my hair. Then I always take my dog for a walk. I love walking with Toby in the morning. I always go to school on foot.

That is a typical morning for me.



**Activity 1. Circle TRUE or FALSE**

- | | | |
|---|-------------|--------------|
| 1.- Her name is Sami. | TRUE | FALSE |
| 2.- She doesn't like her morning routines. | TRUE | FALSE |
| 3.- She usually gets up at 9:00. | TRUE | FALSE |
| 4.- She is lazy in the mornings. | TRUE | FALSE |
| 5.- She usually has a shower. | TRUE | FALSE |
| 6.- She prepares her breakfast in the garage. | TRUE | FALSE |
| 7.- She usually eats cookies for breakfast. | TRUE | FALSE |
| 8.- She drinks water for breakfast. | TRUE | FALSE |
| 9.- She has breakfast with her dog, Timmy. | TRUE | FALSE |
| 10.- She never takes her dog for a walk. | TRUE | FALSE |



Activity 2. Complete



English – walking – Toby – sandwich – lazy

morning – milk – time – 8:00 - kitchen

- 1.- Sami is _____.
- 2.- She likes her _____ routines.
- 3.- She usually gets up at _____ in the morning.
- 4.- She is _____ in the mornings.
- 5.- She spends a lot of _____ deciding what to wear.
- 6.- She prepares her breakfast in the _____.
- 7.- She usually eats a _____ for breakfast.
- 8.- She usually drinks a glass of _____ for breakfast.
- 9.- She has breakfast with her dog, _____.
- 10.- She loves _____ with her dog Toby in the morning.

**Activity 3. Circle the correct answer**

1.- Her name is _____.

a.- Maria

b.- Sami

c.- Jen

2.- She is _____.

a.- English

b.- American

c.- Swedish

3.- She _____ her morning routines.

a.- loves

b.- hates

c.- likes

4.- She usually gets up at _____ in the morning.

a.- 7:00

b.- 8:00

c.- 9:00

5.- She is _____ in the mornings.

a.- nervous

b.- not lazy

c.- lazy

6.- She goes to the kitchen and she prepares her _____.

a.- bag

b.- lunch

c.- breakfast

7.- She usually eats _____.

a.- a sandwich

b.- biscuits

c.- sweets

8.- She drinks a glass of _____ for breakfast.

a.- water

b.- milk

c.- lemonade

9.- She has breakfast with _____.

a.- Tim

b.- Toby

c.- Tom

10.- She goes to school _____.

a.- on foot

b.- by car

c.- by bus