



#### Video – level 3

#### **FAVOURITE HOBBY**

Hi I am Sami. I am from England.

My favourite hobby is running. I love running because I feel healthy when I am running. I run almost every day. I run on Mondays, Tuesdays, Thursdays, Fridays and Sundays. I usually run with my dog Toby and my friends. Also, I am in a running team in Barcelona. I train three times a week. I train with my team on Mondays, Wednesdays and Thursdays. I usually train after work. I train at 6:00 in the afternoon. My favourite runner is Nuria Picas. She is amazing. She runs very fast and she is very strong. She is a mountain runner.









# Activity 1. Circle TRUE or FALSE

1 Sami is from India.	TRUE	FALSE
2 She loves running.	TRUE	FALSE
3 She runs twice a week.	TRUE	FALSE
4 She runs on Saturdays.	TRUE	FALSE
5 She runs with her dog and her friends.	TRUE	FALSE
6 She doesn't run in a team.	TRUE	FALSE
7 She trains with her team on Mondays.	TRUE	FALSE
8 She trains at 5:00.	TRUE	FALSE
9 Her favourite runner is Nuria Picas.	TRUE	FALSE
10 She runs very fast and she is strong.	TRUE	FALSE







### mountain – England – Nuria – work – Toby

#### running - healthy - day - team - three

1 Sami is from	·		
2 Her favourite hobby	is		
3 She loves running because she feels			
4 She runs almost eve	ery		
5 She runs with her do	og and her friends.		
6 She is in a running _	in Barcelona.		
7 She trains	_ times a week.		
8 She trains after			
9 Her favourite runner	is Picas.		
10 Nuria is a	runner.		





## Activity 3. Circle the correct answer





1 Her name is	·	
a Montse	b Veronica	c Sami
2 She is from		
a England	b India	c Norway
3 Her favourite hobb	oy is	
a climbing	b playing tennis	c running
4 She feels	when she runs.	
a bad	b healthy	c nervous
5 She runs almost e	every	
a week	b day	c month
6 She usually runs v	vith	
a Timmy	b Tommy	c Toby
7 She is in a	team in Barcelona.	
a basketball	b running	c paddle
8 She trains	times a week.	
a three	b four	c six
9 She trains at	in the afternoon.	
a 6:00	b 7:00	c 8:00
10 Her favourite run	ner is	
a Maria Pich	b Samantha Fox	c Nuria Picas